

Allergen Identification Form		Menu Title/Year 15.04.24 & 18.03.24						Menu Week- 1 & 4							
Day of Week	Menu Item Details	Celery	Crustaceans	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphate
MONDAY	Main Meal – Southern Crumbed Quorn Burger			✓		W		✓							
	Bun					W							*		
	Potato Puffs														
	Corn on the Cob														
	Vegetarian – As above			✓		W		✓							
	Dessert - Pineapple Upside Down Cake			✓		W									
TUESDAY	Main Meal –Meatballs in Tomato Sauce														
	Penne Pasta					W									
	Vegetarian – Plant Powered Balls in Tomato Sauce													✓	
	Dessert - Chocolate Chip Shortbread					W		✓						✓	
WEDNESDAY	Main Meal – Roast Chicken & Roast Potatoes														
	Yorkshire Pudding			✓		W		✓							
	Cauliflower Cheese					W		✓		✓					
	Carrots														
	Gravy					W									
	Vegetarian - Vegan Fillet					W									
	Vegetarian – Gravy	✓		✓				✓		✓				✓	

Day of Week	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphates
TUESDAY	Lighter Bite – Deli Cheese Roll			*		W		*					*		
	Crisps														
	Salad														
THURSDAY	Lighter Bite – Deli Tuna Mayo Roll			✓ *	✓	W		*					*		
	Crisps														
	Salad														
FRIDAY	Lighter Bite – Ham Baguette					W							*		
	Crisps														
	Salad														
	Salad Bar Every day – Lettuce, Cucumber, Sweetcorn, Yellow/Red Peppers Cherry Tomatoes														
	Brown Bread					W								✓	

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten key | W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

* MAY CONTAIN